Zeitplan

Stand: 10.01.24
Mit Meldezahlen 2023

Zeit	M13	M13 Tec	M12	M12 Tec	W13	W13 Tec	W12	W12 Tec	M11	M11 Tec	M10	M10 Tec	W11	W11 Tec	W10	W10 Tec	Zeit
09:00						Hoch 1 + 2				Weit 1+2		Medball			50m ZEL		09:00
09:05						29				43		33			82		09:05
09:10																	09:10
09:15																	09:15
09:20																	09:20
09:25																	09:25
09:30													50m ZEL				09:30
09:35													89				09:35
09:40																	09:40
09:45																Medball	09:45
09:50																34	09:50
09:55																	09:55
10:00																	10:00
10:05								Weit 1 + 2			50m ZEL						10:05
10:10								72			57						10:10
10:15																	10:15
10:20																	10:20
10:25									50m ZEL								10:25
10:30									51								10:30
10:35						Kugel 1											10:35
10:40						21											10:40
10:45		Hoch 1+2		Hoch 1+2													10:45
10:50		20		7									4x50m Staffe		4x50m Staffe		10:50
10:55																	10:55
11:00																	11:00
11:05																	11:05
11:10																	11:10
11:15																	11:15
11:20																	11:20
11:25									4x50m Staffe		4x50m Staffe			Medball 1			11:25
11:30														32			11:30
11:35																Weit 1 + 2	11:35
11:40																70	11:40
11:45							60m ZEL										11:45
11:50							111										11:50
11:55																	11:55
12:00																	12:00
12:05																	12:05
12:10		Kugel 1+2		Kugel 1+2													12:10
12:15		28		5													12:15
12:20																	12:20
12:25					60m ZEL												12:25
12:30					110												12:30
12:35								Hoch 1 + 2									12:35
12:40								35									12:40
12:45																	12:45
12:50																	12:50
12:55																	12:55
13:00																	13:00
13:05			60m ZEL							Medball 1							13:05
13:10			42							28				Weit 1 + 2			13:10
13:15														75			13:15
13:20	60m ZEL																13:20
13:25	59																13:25
13:30																	13:30
13:35																	13:35
13:40																	13:40
13:45					4x50m Staffe		4x50m Staffel	32									13:45
13:50																	13:50
13:55																	13:55
14:00																	14:00
14:05																	14:05
14:10																	14:10
14:15																	14:15
14:20																	14:20
14:25	4x50m Staffe		4x50m Staffe					Kugel 1+2									14:25
14:30								27									14:30
14:35															50mH Hs ZEL		14:35
14:40															64		14:40
14:45				Weit 1+2													14:45
14:50				30													14:50
14:55																	14:55
15:00													50mH Hs ZEL				15:00
15:05													49				15:05
15:10																	15:10
15:15																	15:15
15:20															600m		15:20
15:25															48		15:25
15:30																	15:30
15:35		Weit 1+2									50mH Hs ZEL						15:35
15:40		41									27						15:40
15:45																	15:45
15:50													600m				15:50
15:55													50				15:55
16:00																	16:00
16:05									50mH Hs ZEL								16:05
16:10									27								16:10
16:15																	16:15
16:20											600m						16:20
16:25											33	Weit 1+2					16:25
16:30												50					16:30
16:35							60mH ZEL										16:35
16:40							39										16:40
16:45																	16:45
16:50									600m								16:50
16:55									40								16:55
17:00																	17:00
17:05					60mH ZEL												17:05
17:10					57												17:10
17:15																	17:15
17:20																	17:20
17:25							800m										17:25
17:30							30										17:30
17:35			60mH ZEL														17:35
17:40			10			Weit 1 + 2											17:40
17:45						71											17:45
17:50					800m												17:50
17:55					24												17:55
18:00	60mH ZEL																18:00

18:05	22																**18:05**
18:10																	**18:10**
18:15			800m														**18:15**
18:20			13														**18:20**
18:25																	**18:25**
18:30																	**18:30**
18:35	800m																**18:35**
18:40	14																**18:40**
18:45																	**18:45**
18:50																	**18:50**
18:55																	**18:55**
19:00																	**19:00**